

Memorial Health Care System

Contact: Brian Lazenby, (423) 495-4320

FOR IMMEDIATE RELEASE

May 23, 2011

Cancer Survivorship – Moving Beyond Cancer

Free series, Strong and Smart: Living Well With Cancer, supports cancer survivors, patients

Chattanooga, TN – As part of Memorial Health Care System’s on-going dial-up seminar series, “Strong and Smart: Living Well with Cancer,” area residents have the opportunity to learn about Cancer Survivorship – Moving Beyond Cancer.

The Cancer Survivorship – Moving Beyond Cancer seminar will be held on June 16 at 1 p.m. ET. To register for the free one-hour telephone and online educational event, call 800-278-7837. Participants listen to medical experts via phone, view presentations on their computers and have an opportunity to ask questions.

The June seminar will cover:

- Common chronic health problems in cancer survivors
- The cancer connection with these health problems
- Healthy living after cancer treatments

Presenter Meg Trewhitt guides cancer survivors as they transition from active treatment to survivorship. Trewhitt is a cancer survivor navigator at Saint Elizabeth Regional Medical Center in Lincoln, Neb. She is certified as a nurse practitioner, oncology nurse and breast care nurse. Her work includes preparing treatment summaries and survivorship wellness plans. In addition, she serves as a volunteer health provider at Peoples City Mission Free Medical Clinic, which offers health care to uninsured low-income and homeless residents of Lancaster County. Trewhitt has been recognized by the American Cancer Society and the Oncology Nursing Society.

“The Strong and Smart series is a resource for cancer survivors, patients and their families,” said Joe Robb, Memorial cancer director. “The topics are specific to issues they are facing, and they can ask questions of an expert. They may also connect with others facing the same challenges, and they can do it all without leaving home.”

The Strong and Smart: Living Well With Cancer dial-up seminar series is presented by Memorial Healthcare System. This education series is offered in collaboration with other Catholic Health Initiatives hospitals. A goal of the series is to make education and

information more readily available to a greater number of cancer patients in our community.

###

Memorial Health Care System is a not-for-profit, faith-based healthcare organization dedicated to the healing ministry of the Church. Founded by the Sisters of Charity of Nazareth and strengthened as part of Catholic Health Initiatives, it offers a continuum of care including preventative, primary and acute hospital care, as well as cancer and cardiac care, orthopedic and rehabilitation services. Memorial is a regional referral center of choice with 4,000 associates and more than 700 affiliated physicians providing health care throughout Southeast Tennessee and North Georgia. Memorial Health Care System is recognized as one of the nation's 100 Top Hospitals® by Thomson Reuters, the health care industry's leading source of information on hospital quality. To learn more, visit www.memorial.org.