

# Memorial Health Care System

---

**Contact: Brian Lazenby, (423) 495-4320**

**FOR IMMEDIATE RELEASE**

September 26, 2011

## **‘Among Friends’ Health Event for Women**

Hixson, TN – Grab your girlfriends for an evening of candid conversations about your health at Memorial Hospital Hixson (formerly Memorial North Park Hospital).

Several memorial physicians will be on hand to address topics of special interest to women and answer your most discreet health questions.

**Maurice Rawlings, Jr., M.D.**, a surgical breast oncologist, will discuss breast health. He will explain how breasts change over time and when you should be concerned.

**Stephen Kerley, D.O.**, an obstetrician and gynecologist, will discuss reproductive health treatments for women who are struggling with infertility.

**Deborah Duffield, M.D.**, an internal medicine specialist, will discuss heart disease in women, the signs and symptoms and what lifestyle changes you can make to lower your risk.

Physicians and medical staff also will be present to offer a number of free health screenings.

**Roger Land, M.D.**, a general surgeon, will provide skin cancer screenings onsite at Memorial’s Mole Patrol booth.

Staff also will be providing mini-health screenings to include checking your blood pressure, weight, body mass index and bone density testing. There also will be balance screening available and health assessments for diabetes and sleep disorders.

- Balance screening
- Health assessments including diabetes and sleep
- Healthy cooking demonstration with samples and recipes
- The MaryEllen Locher Breast Center at Memorial Hospital Hixson will be open for your annual mammogram. Call (423) 495-4040 to schedule your appointment.
- Memorial’s new Mobile Health Coach will be onsite for tours.

For more information, call (423) 495-CARE.

**Memorial Health Care System** is a not-for-profit, faith-based healthcare organization dedicated to the healing ministry of the Church. Founded by the Sisters of Charity of Nazareth and strengthened as part of Catholic Health Initiatives, it offers a continuum of care including preventative, primary and acute hospital care, as well as cancer and cardiac care, orthopedic and rehabilitation services. Memorial is a regional referral center of choice with 4,000 associates and more than 700 affiliated physicians providing health care throughout Southeast Tennessee and North Georgia. Memorial Health Care System is recognized as one of the nation's 100 Top Hospitals® by Thomson Reuters, the health care industry's leading source of information on hospital quality. To learn more, visit [www.memorial.org](http://www.memorial.org).

###