

Memorial Health Care System

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Memorial fosters the healing properties of nature

Chattanooga, TN – Nature heals the heart and soul, and well-designed healing gardens offer a connection to the therapeutic properties of nature.

Memorial continues to advance its mission and vision through the *Arts Medicine* program by providing patients, guests and staff with several healing gardens for relaxation, reflection and a place of retreat to nurture the soul.

Several years ago, a rooftop garden on the fourth floor at the Memorial Glenwood Campus was created thanks to generous donations to Memorial Foundation. The garden houses plants, trees, sculpture, water features and sitting areas creating a soothing environment.

In May, retired Memorial physicians Charles A. Portera Sr., M.D. and John Boxell, M.D. donated their time and talent updating the flowering plants and trees in this garden, transforming the space, adding vibrancy and vitality in time for these warm, sunny months.

Memorial's mission and vision is to create environments, indoors and out, that promote healing of the mind, body and spirit. Monetary contributions and in-kind donations of materials and services fund the cost of this project. To make a contribution to Memorial's Arts in Health fund, call (423) 495-4438.

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Memorial Health Care System is a not-for-profit, faith-based healthcare organization dedicated to the healing ministry of the Church. Founded by the Sisters of Charity of Nazareth and strengthened as part of Catholic Health Initiatives, it offers a continuum of care including preventative, primary and acute hospital care, as well as cancer and cardiac care, orthopedic and rehabilitation services. Memorial is a regional referral center of choice with 4,000 associates and more than 700 affiliated physicians providing health care throughout Southeast Tennessee and North Georgia. Memorial Health Care System is recognized as one of the nation's 100 Top Hospitals® by Thomson Reuters, the health care industry's leading source of information on hospital quality. To learn more, visit www.memorial.org.