

Diet Order Crosswalk

EHR Diet Order	MealiQ Diet Order	Notes
Low Lactose (no milk or milk products)	Lactose Restricted	Clinician: this is also available as an allergy Diet Office: can also be managed via dislike groups/items
No beef	--	Clinician: choose 'beef' allergy; enter as diet order comment if preference and not allergy. Diet Office: choose 'No Beef' as dislike group, if preference and not allergy.
No caffeine	No Caffeine	Clinician: this is also available as an allergy Diet Office: can also be managed via dislike groups/items
No chicken	--	Clinician: choose 'chicken' allergy; enter as diet order comment if preference and not allergy. Diet Office: choose 'No Chicken' as dislike group, if preference and not allergy.
No chocolate	--	Clinician: choose 'chocolate' allergy; enter as diet order comment if preference and not allergy. Diet Office: choose 'No Chocolate' as dislike group, if preference and not allergy.
No Citrus	--	Clinician: choose 'Citrus' allergy; enter as diet order comment if preference and not allergy. Diet Office: choose 'No Citrus' as dislike group, if preference and not allergy.
No eggs in any foods	--	Clinician: choose 'Eggs' allergy
No fish	--	Clinician: choose 'Fish' allergy; enter as diet order comment if preference and not allergy. Diet Office: choose 'No Fish' as dislike group, if preference and not allergy
No gluten	Gluten Restricted	Clinician: this is also available as an allergy
No lactose	Lactose Restricted	Clinician: this is also available as an allergy Diet Office: can also be managed via dislike groups/items
No mushroom	--	Clinician: choose 'mushroom' allergy
No nuts	--	Clinician: choose 'nuts' allergy
No pork	--	Clinician: choose 'pork' allergy; enter as diet order comment if preference and not allergy. Diet Office: choose 'No Pork' as dislike group, if preference and not allergy.
No poultry	--	Clinician: choose 'poultry' allergy; enter as diet order comment if preference and not allergy. Diet Office: choose 'No Poultry' as dislike group, if preference and not allergy.
No red dye	--	Clinician: choose 'red food dye' allergy
No seeds	--	Clinician: choose 'seeds' allergy

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No shellfish	--	Clinician: choose 'shellfish' allergy
No strawberries	--	Clinician: choose 'strawberry' allergy
No tomatoes	--	Clinician: choose 'tomato' allergy
No yellow dye	--	Clinician: choose 'yellow food dye' allergy
Bariatric	Bariatric Stage 1 Clear Liquid Bariatric Stage 2 Full Liquid Bariatric Stage 3 Soft Bariatric Stage 4 Regular	Clinician: choose appropriate Bariatric Stage
Post gastrectomy	Bariatric Stage 1 Clear Liquid Bariatric Stage 2 Full Liquid Bariatric Stage 3 Soft Bariatric Stage 4 Regular	Clinician: choose appropriate Bariatric Stage
1200 calorie carbohydrate controlled	Consistent Carbohydrate	Clinician: choose carbohydrate level that is suitable for the patient. The Consistent Carbohydrate diet has 4 CHO/60 grams of carbohydrate at each meal. There are also two modifiers available (3 CHO, 45 grams or 5 CHO, 75 grams).
1500 calorie carbohydrate controlled	Consistent Carbohydrate	Clinician: choose carbohydrate level that is suitable for the patient. The Consistent Carbohydrate diet has 4 CHO/60 grams of carbohydrate at each meal. There are also two modifiers available (3 CHO, 45 grams or 5 CHO, 75 grams).
1800 calorie carbohydrate controlled	Consistent Carbohydrate	Clinician: choose carbohydrate level that is suitable for the patient. The Consistent Carbohydrate diet has 4 CHO/60 grams of carbohydrate at each meal. There are also two modifiers available (3 CHO, 45 grams or 5 CHO, 75 grams).
2000 calorie carbohydrate controlled	Consistent Carbohydrate	Clinician: choose carbohydrate level that is suitable for the patient. The Consistent Carbohydrate diet has 4 CHO/60 grams of carbohydrate at each meal. There are also two modifiers available (3 CHO, 45 grams or 5 CHO, 75 grams).
2400 calorie carbohydrate controlled	Consistent Carbohydrate	Clinician: choose carbohydrate level that is suitable for the patient. The Consistent Carbohydrate diet has 4 CHO/60 grams of carbohydrate at each meal. There are also two modifiers available (3 CHO, 45 grams or 5 CHO, 75 grams).
Gestational diabetic 1800	Gestational Diabetic	
Gestational diabetic 2000	Gestational Diabetic	

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Gestational diabetic 2200	Gestational Diabetic	
Gestational diabetic 2400	Gestational Diabetic	
No concentrated sweets	Consistent Carbohydrate	
Kosher	--	Clinician: add as diet order comment Diet office: work with pt to determine food preferences
1000mL Fluid Restriction	1000mL Fluid Restriction	
1200mL Fluid Restriction	1200mL Fluid Restriction	
1500mL Fluid Restriction	1500mL Fluid Restriction	
1800mL Fluid Restriction	1800mL Fluid Restriction	
500mL Fluid Restriction	500 mL Fluid Restriction	
800mL Fluid Restriction	800mL Fluid Restriction	
No Fluids	Dry Tray	
No liquids	Dry Tray	
Bland (no gastric irritants)	Fiber Restricted	
BRAT diet	Fiber Restricted	
Clear Liquids	Clear Liquids	
Full Liquids	Full Liquids	
GI soft	Fiber Restricted	
High Fiber	High Fiber	
Low fiber	Fiber Restricted	
Low cholesterol	Heart Healthy	"A heart-healthy diet is recommended to reduce your unhealthy blood cholesterol levels to lower your risk for heart disease." ~ AND NCM
Low fat	Heart Healthy	
Honey Thick Liquids	Level 3 Moderately Thick	
Mechanical Soft	Level 6 Soft and Bite Sized	
NDD1-pureed	Level 4 Pureed	
NDD2-ground	Level 5 Minced & Moist	
NDD3-chopped	Level 6 Soft & Bite Sized	
Nectar Thick Liquids	Level 2 Mildly Thick	
No Carbonation	--	Clinician: include diet order comment Diet Office: Enter as personal preference
Disposable Tray	--	Diet Office: Include 'Disposable Tray' as a patient note
May have ice chips	--	Clinician: include diet order comment for nursing
May have sips of clear liquids	Clear Liquid	Clinician: include diet order comment alerting kitchen that pt is not to receive tray, nursing will

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		provide clear liquids
May have sips with meds	Clear Liquid	Clinician: include diet order comment alerting kitchen that pt is not to receive tray, nursing will provide clear liquids
Other comments for nursing	--	Clinician: include diet order comment
NPO	NPO	
Controlled Vitamin K Diet	--	Clinician: include diet order comment Diet Office: Add 'High Vitamin K' as a dislike group
Low iodine	--	Clinician: include diet order comment Diet Office: Work with RD to choose low iodine foods
Low purine	--	Clinician: include diet order comment Diet Office: Work with RD to choose low-purine foods; avoid tuna, bacon
Low tyramine	--	Clinician: include diet order comment Diet Office: Work with RD to choose low-tyramine foods; add soy sauce as a 'dislike'
Pediatric	Pediatric 6-8 mo Pediatric 9-12 mo Pediatric 1-3 y Pediatric 4-8 y Pediatric 9-13 y Pediatric 14-18 y	Clinician: choose correct pediatric age range
Vegan	Vegan	
Vegetarian (includes eggs and dairy)	Vegetarian (eggs and dairy ok)	
Hyperemesis	--	Clinician: include diet order comment Diet Office: Work with the RD to choose an appropriate diet; 6 small meals may assist in taking in small frequent meals, Heart Healthy may help if a lower-fat intake helps relieve symptoms
40 g protein restriction	Low Protein (60g/day)	Clinician: add diet order comment if 40gm restriction required
60 g protein restriction	Low Protein (60g/day)	

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80 g protein restriction	--	Clinician: add diet order comment if 80gm restriction required (Regular diet has an avg of 94g protein/day)
6 small meals	6 small meals	
High/Protein/calorie	High Protein / High Calorie	
Regular-NO Restrictions	Regular	
2 g sodium, low potassium, low phosphorus	2gm Low Sodium diet, Low Potassium modifier, Low Phosphorus modifier	
low phosphorus	Low Phosphorus	
low potassium	Low Potassium	
1 g sodium	2gm Low Sodium	Clinician: add diet order comment if further restriction required
2 g sodium	2gm Low Sodium	
2 gm sodium	2gm Low Sodium	
No added salt (3-4g sodium)	No added salt	
Metabolic		
Neutropenic	--	Obsolete "A neutropenic diet is not necessary, but safe food counseling is recommended as a prudent precaution. Research has not demonstrated the effectiveness of low-microbial diets." ~ AND NCM