

In 2022, CHI Memorial sponsored a Community Health Needs Assessment that included focus groups, interviews, phone surveys and a Community Health Summit to receive community input into the priorities, goals and actions our community could take to improve health.

Below are listed the identified needs and examples of the steps taken to address them:



### Access to affordable healthcare and insurance

- Ongoing Medicare counseling to assist patients in finding affordable insurance
- Funding to address barriers to care, like transportation, testing supplies, medication co-pays



### Violence

- Received a grant to develop and deliver education on gun safety in the community
- Provided grants to the Sexual Assault Victim's Advocacy Center



### Mental/behavioral health

- Mental Health First Aid training for the community
- Updated behavioral health resource guides for clinics



### Obesity

- BMI Reduction Courses
- Obesity Medicine Program, including exercise support, medication and nutrition and behavioral counseling



### Substance use disorder

- Provision of physical space in hospitals for Tennessee Recovery Navigators to help patients connect with treatment and recovery options
- Established regular smoking cessation courses to assist patients



### Food insecurity

- Provision of funds to assist patients in obtaining food
- Recognizing needs and providing referrals to community organizations to address patients' food insecurity



### Prevention and education

- Participation in community events/health fairs to educate the community regarding available health care resources
- Partnering with medical schools, universities and high schools to provide student clinical rotations



### Chronic diseases

- Continuing to provide mobile coaches (breast and lung) for screenings in the community
- Piloted program to coordinate care for patients after discharge from hospital to better manage chronic conditions and reduce risk of readmission



### Affordable, healthy housing

- Partnered with local organizations to provide medical respite for individuals experiencing homelessness
- Rent and utility assistance